



Breakfast

Juices & Fruit



Orange, grapefruit, pineapple, tomato, carrot, papaya and cantaloupe · 55



Seasonal Fruit Platter · 80

Smoothies



Antioxidant · 50

Peach, vanilla, soy milk and honey



Power · 50

Pineapple, mango, orange and mint



Fat Burner · 50

Grapefruit juice, pineapple, spinach, celery, parsley and cucumber

Breads, Cereals & Yogurts



Cereals: All-Bran, Special K, Granola, Corn Flakes · 70



Oatmeal · 70



Toasted Bagel with Cream Cheese · 80



****Toasted Bagel with Smoked Salmon and Cream Cheese · 170**

Accompanied with capers, hard-boiled egg, onions and tomatoes



Toasted English Muffin · 70



Natural, Strawberry or Peach Yogurt · 60



Natural, Strawberry or Peach Yogurt with Granola · 75



Traditional French Toast with Strawberries · 115



Belgian Waffles with Whipped Cream and Maple Syrup · 115



Pancakes with Papaya and Cajeta · 115



Homemade Sweet Rolls Basket · 75



Homemade Breads: White, whole wheat, bagel and English muffin · 55

Side Orders



Bacon, sausage, chorizo, ham, hash brown, refried beans, tomatoes, zucchini, country potatoes or organic green salad

45



Eggs

Toasted Egg Muffin • 140

Ham, scrambled eggs and cheese on English muffin

Eggs Any Style • 150

Optional egg whites

Pacifica Omelette • 160

Turkey ham, onions and cream cheese

Mediterranean Omelette • 160

Egg whites, artichokes, cherry tomatoes, zucchini and panela cheese

Low Calories Omelette • 160

Egg whites, carrots, zucchini and cottage cheese

Ham and Mozzarella Cheese Omelette • 160

Rancheros Eggs • 150

Fried eggs on a crispy tortilla with refried beans, panela cheese, ranchera sauce with onions and poblano pepper

“Pueblo Bonito” Eggs • 150

Grilled ham, melted cheese and Pueblo Bonito sauce served with cactus pads

Eggs Benedict • 185

Poached eggs, Canadian bacon and Hollandaise sauce

Poached Eggs • 150

Served with organic salad and wheat bread

Hard-Boiled Eggs • 150

Served with organic salad and wheat bread

Red or Green Chilaquiles • 145

Red or Green Chilaquiles with Chicken • 175

Red or Green Chilaquiles with Chicken & Fried Egg • 175

Molletes with Chorizo and Mexican Sauce • 110

Ham and Egg stuffed Chile Poblano • 145

With poblano pepper sauce

Melted Cheese Vegetarian Enchiladas • 140

Mushrooms, zucchini blossom, green or red sauce

Beverages

Coffee • 45

Tea • 45

Milk • 35

(Whole, low-fat, skimmed)

Soy Milk • 40